

## A-Z COMPENDIUM OF \*COMMON AILMENTS \*

*Aches & Pains: 疼痛	*Eczema & Inflamed Itchy Skin 濕疹、紅腫、疥癬皮膚	*Measles 麻疹
*Acne: 粉刺、痤瘡	*Emphysema 肺氣腫	*Meningitis 腦膜炎
*Allergies: 過敏	*Epilepsy 癲癇	*Menopause 更年期
*Alzheimer's disease: 老年癡呆症	*Eye disorders, cataracts, glaucoma, macular degeneration 眼睛失調、白內障、青光眼、飛蚊症	*Menstrual Problems 月經不適
*Anaemia 貧血	*Fever 發燒	*Migraine 偏頭痛
*Anxiety 焦慮症	*Fibrositis 肌風濕病	*Morning Sickness 孕吐
*Arteriosclerosis 動脈硬化	*Flu: 感冒	*Motion Sickness 動暈症
*Arthritis 關節炎	*Food Poisoning 食物中毒	*Mouth Ulcers 口潰瘍
*Athlete's foot 足癬	*Fractures 骨折	*MRSA 抗藥性金黃葡萄球菌
*Asthma 氣喘	*Fungal Infections 真菌感染	*Mumps 腮腺炎
*Bad Breath 口臭	*Gall Bladder Infections 膽囊發炎	*Nausea 噁心、暈船
*Bleeding 流血	*Gall stones 膽結石	*Neuritis 神經炎
*Bloating 脹氣	*Gangrene 壞疽	*Nosebleed 流鼻血
*Blood disorders 血液異常	*Gastritis 胃炎	*Obesity 過胖
*Boils 癰,瘡	*Glandular problems 腺體異常	*Osteoporosis 骨質疏鬆
*Bowel Disorder 腸異常	*Gout 痛風	*Parasites & Worms 寄生蟲
*Bronchitis 支氣管炎	*Greasy Skin 油脂分泌過多之皮膚	*Pneumonia 肺炎
*Bruises & Swelling 瘀傷紅腫	*Hemorrhoids 痔疾	*Pleurisy 胸膜炎
*Burns and Scalds 燙傷	*Hair Loss 掉髮	*Pregnancy Ailments 懷孕不適
*Cancer 癌症	*Halitosis 口臭	*Premenstrual Stress & Other: PMS 經期前症候群
*Candida 白色念珠球菌	*Hayfever 乾草熱	*Prostate Problems 前列腺異常
*Catarrh (鼻)黏膜炎	*Headaches 頭痛	*Psoriasis 牛皮癬
*Cellulite 脂肪團	*Head lice 頭蝨	*Rheumatism 風濕病
*Chest Infections 胸腔感染	*Heatstroke 中暑	*Rhinitis 鼻炎
*Chickenpox 水痘	*Heartburn & Acid indigestion 胃濁	*Shingles 帶狀皰疹
*Chilblains 凍瘡	熱、消化不良	*Sinus congestion 靜脈淤塞
*Cholera 霍亂	*Heart Disease 心臟病	*Skin Infections & Rashes 皮膚過敏及起疹子
*Cholesterol 膽固醇相關問題	*Herpes 皰疹	*Sore throat 喉嚨痛
*Circulation problems 循環系統問題	*Hiccups 打嗝	*Spina Bifida 脊柱裂
*Cold Sores 龜裂	*High Blood Pressure 高血壓	*Sprains & Fractures 扭傷骨折
*Colic 絞痛	*High Blood Sugar 高血糖	*Stomach Ulcers 腸潰瘍
*Colitis 結腸炎	*Hormone Imbalance 內分泌失調	*Strokes 中風
*Concentration Problems 集中問題	*Immune Deficiency 免疫缺陷	*Sunburn 曬傷
*Conjunctivitis (Pinkeye) 結膜炎	*Impotency 陽萎	*Tinnitus: 耳鳴
*Constipation 便秘	*Indigestion 消化不良	*Tonsillitis 扁桃腺炎
*Coughs & Colds 感冒	*Insect Bites 昆蟲咬傷	*Toothache 牙痛
*Cramp (Muscles) 肌肉抽筋	*Insomnia 不眠症	*Thrush 黴菌性口炎
*Cuts and Lacerations 割傷	*Irritable Bowel Syndrome 腸過敏問題	*Urinary tract infections 泌尿道感染
*Cystitis 膀胱炎	*Jaundice 黃疸	*Varicose Veins 靜脈曲張
*Diarrhoea 腹瀉	*Joint problems 關節問題	*Verruca 疣
*Depression 壓力	*Kidney, Bladder Stone Infections 腎、膀胱結石	*Vomiting 嘔吐
*Dermatitis 皮膚炎	*Lethargy 昏睡	*Wind and cramps 腸胃氣脹放屁
*Diabetes 糖尿病	*Liver/Pancreas 肝臟與胰臟的問題	*Warts 疣
*Digestive/Stomach 消化系統失調	*Low Blood Sugar 低血糖	*Water retention 閉尿
*Diverticulosis/Diverticulitis 憩室病	*Malaria 瘧疾	*Worms & Intestinal Parasites 寄生蟲引起的腸胃病
*Dry Skin 乾燥皮膚		*Wounds, cuts & abrasions 創傷, 割傷, 擦傷
*Ear: ache/infections 耳痛及相關感染		*Yeast Infections 子宮頸感染
*Eating Disorders (Anorexia, Bulimia) 飲食失調(厭食症、食欲過剩)		